

**ABOUT STICHTING BAYANIHAN,  
CENTRUM VOOR FILIPPIJNSE VROUWEN IN NEDERLAND**

Stichting Bayanihan is a self-help women's organization run by volunteers and based at Dona Daria, Kenniscentrum Emancipatie in Rotterdam, The Netherlands. Since 1991, we have been dedicated to advancing the participation, emancipation, and integration of Filipinas in the Netherlands.

**OUR PROGRAMS & ACTIVITIES**

Through social services, education, and advocacy, we support Filipinas in various aspects of their lives.

- **Workshops & Trainings:** Covering women's rights, migrant rights, domestic violence, empowerment, mother-daughter dialogues, elderly abuse, au pair exploitation, intercultural communication, and child upbringing.
- **Health & Well-being:** For over a decade, we have provided workshops on elderly care, dementia, and navigating the final phase of life (*levenseindefase*), including sessions led by trained facilitators from NOOM.
- **Social Services:** Offering intensive counseling for domestic violence victims since 1991. Our volunteers receive regular training on being a *Vertrouwenspersoon* (confidant).
- **Advocacy & Impact:** Successfully brought the issue of exploited Filipina au pairs to Dutch political discussions and established ourselves as a trusted organization supporting Filipinas facing domestic violence.

**SENIORS CORE GROUP**

Launched in May 2014, the Seniors Core Group organizes:

- **Information Days:** Held in 2015 and 2016 for Filipino seniors in the Netherlands.
- **Projects: *Sierlijk Oud Worden*** (2017-2019) in partnership with Dona Daria and Stichting Perspectief Chinezen in Nederland.
- **Community Engagement:** Bi-monthly gatherings for learning, sharing, and socialization, including Filipino folk dance lessons to combat loneliness (*eenzaamheid*).
- **Events:** Annual family picnics and Christmas parties to strengthen Filipino community bonds.

**JUNIORS CORE GROUP**

Founded in August 2020 during the pandemic, the Juniors Group organizes:

- **Monthly Virtual "Small Talk":** Core members share expertise and discuss activities.
- **Social Bonding:** Activities such as bowling, beach strolls, and dinners.

**INTERNATIONAL WOMEN'S DAY**

Since 1995, Stichting Bayanihan has organized International Women's Day celebrations, including:

- **2021 Virtual IWD Event:** Held online due to COVID-19 restrictions.
- **2023 Theme:** Women Empowerment & Gender Equality 2.0
- **2024 Theme:** Take Pride of Your Authentic Story
- **2024 Rotterdam IWD Celebration:** Featured a Cordillera dance performance with Stichting MABIKAs at Stadhuis Rotterdam.

**RECOGNITIONS & PARTNERSHIPS**

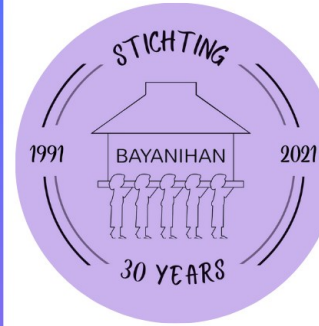
- **Banaag Awardee (2012)** – Presidential Awards for Overseas Filipinos.
- **Gawad Bayani Awardee (2019)** – Recognized for outstanding women's rights advocacy.
- **Founding Member of Babaylan**, The Philippine Women's Network in Europe – Representing the Netherlands as Babaylan Netherlands.

Despite limited resources, Stichting Bayanihan continues to make a strong impact through its commitment to empowering Filipinas in the Netherlands.

**TO SUPPORT STICHTING BAYANIHAN'S WORK,**

YOU MAY SEND YOUR DONATION TO:

**STICHTING BAYANIHAN  
NL 77 INGB 0006 1727 81**



**STICHTING BAYANIHAN**  
The Philippine Women's Centre in the Netherlands

# INTERNATIONAL WOMEN'S DAY (IWD) CELEBRATION

*Theme*

# MOTHERS AS CHANGEMAKERS: BUILDING FAMILIES & TRANSFORMING SOCIETIES

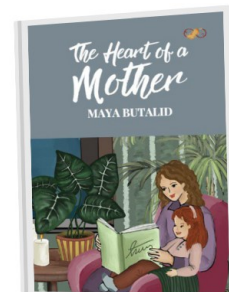
**8 MARCH 2025**

**SATURDAY @14.00-17.30HRS**

(ARRIVAL & REGISTRATION @13:30-14:00)

**VENUE: DONA DARIA**

**KENNISCENTRUM EMANCIPATIE ROTTERDAM  
GERARD SCHOLTENSTRAAT 129, 3035 SJ ROTTERDAM**



**ENTRANCE FEE:€5**

(INCLUSIVE FOOD & DRINKS)

**IWD 2025**

**#accelerateaction**

 Email: [info@bayanihan.nl](mailto:info@bayanihan.nl)

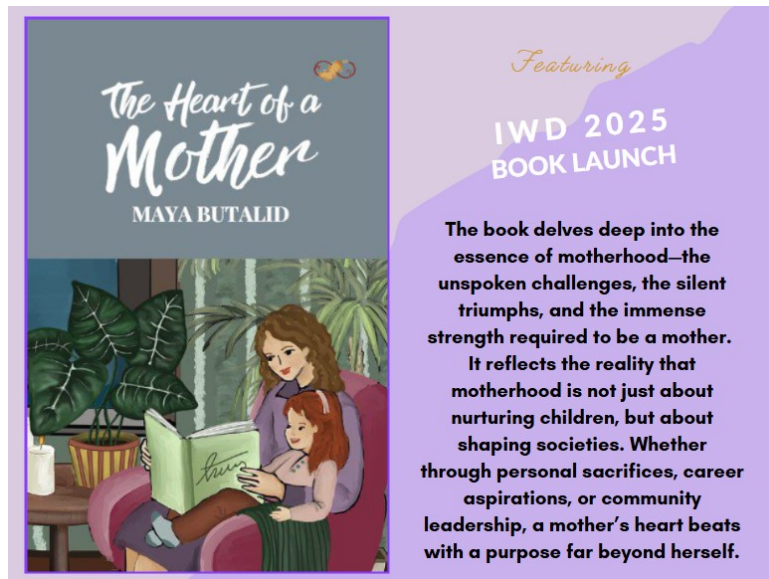
 Facebook: [Stichting Bayanihan](#)

 For more info: **SCAN QR CODE**



## MORE ABOUT THE THEME

*Mothers, across all generations and circumstances, have always found ways to thrive, lead, and make meaningful contributions to society. While mothers are central to shaping families, communities, and future generations, their contributions remain undervalued and taken for granted. So, how can we create a world where mothers—regardless of their roles—are fully recognized as powerful agents of change? What policies, support systems, and societal shifts are needed to ensure they don't have to choose between their personal dreams and their responsibilities? These are the essential questions driving this year's Bayanihan IWD theme: "Mothers as Changemakers: Building Families & Transforming Societies." This theme is a call to honor the multifaceted role of mothers, whose hearts beat not only for their children and families but for the communities they nurture and strengthen. It's a celebration of the undeniable impact mothers have on shaping the future—transforming families, societies, and the world at large.*



### DIRECTION TO DONA DARIA:

Take tram 4 direction Molenlaan from Rotterdam Central Station. Get off at Van den Hoonaardstraat/Bergweg. Gerard Scholtenstraat is a side street of Bergweg.

### CONTACT US

[www.bayanihan.nl](http://www.bayanihan.nl)

Facebook: Stichting Bayanihan

Email: [info@bayanihan.nl](mailto:info@bayanihan.nl)

Info and **helpline numbers:**

**0616367125** or **0634875310**

(Tues & Wed– 10:00-17:00 hrs)

## PROGRAM

### 13:30- 14:00 Arrival & Registration

14:00- 14:05 **Welcome Remarks** by Diana Oosterbeek-Latoza, SB Founding Chairperson & Social Cultural Worker

14:05- 14:15 **Introduction of the IWD Theme** by Emcees of the Day, Agnes van de Beek-Pavia, SB Board Member and Myra Zymelka-Colis, SB Board Secretary

14:15-14:20: **Folk Dance Subli** by SB Seniors Group with Dance Trainer Nila Tayco, SB Core Volunteer

14:20-14:50 **Panel Discussion with Speakers** Representing Grandmothers, Working Mothers & Stay-at-home Mothers  
Nora van der Does-Gonzales, SB Core Volunteer  
Veronica Balbuena, SB Board Treasurer  
Myra Zymelka-Colis, SB Board Secretary

14:50-15:20 **Q&A** Moderated by Emcees

15:20- 15:30 **Group Photo Session** Facilitated by Salome van Toorn-Panoy

15:30-15:50 **Lottery Draw, 3<sup>rd</sup> Prize-** €50 Sponsored by Sayril Saro, followed by **Merienda**

15:50- 16:50 **Book Launch, The Heart of a Mother** Authored by Maya Butalid  
Introduction of the Author  
Words from the Author  
Book Review by Mary Blanche Pennings, PiNANAYS in Nederland

16:50-17:20 **Audience Feedback**

17:20-17:30 **Lottery Draw, 2<sup>nd</sup> Prize-** €75 Sponsored Melanie Bayon  
**Lottery Draw 1<sup>st</sup> Prize-** €100 Sponsored by Nora van der Does-Gonzales

17:30- 18:30 **Merienda Cena**

**Lottery Draw of 15 Consolation Prizes** worth €10 each  
Sponsors: Nieva Paez (€50), Christine Aspera (€50), Danica Dasalla (€10), Celia Mateo (€10), Beth Nielsen (€10), Linda Sanchez (1€0), Alexander Zymelka (€10), Pamela de Zwaard (Restaurant Verhage voucher)

Emcees: Agnes van de Beek-Pavia & Myra Zymelka-Colis